

South Carolina Senior Nutrition Program

The Senior Nutrition Program was established by the Older Americans Act and has been supporting nutrition services for older adults since 1972.



Available Services:

- **Congregate Meals**

Offers meal services to eligible older adults and their spouses in community or group settings. In addition to nutritious meals, congregate nutrition programs promote regular social interaction, provide access to evidence-based health and wellness programs, include wellness checks for participating seniors, and help connect them to community resources and additional support services.

- **Home-delivered Meals**

Provides in-home meal deliveries to participating older adults who are frail, homebound and/or isolated, and their spouses. Home-delivered meal services also provide regular socialization opportunities, safety and wellness checks for participating seniors during meal delivery, and connections to other services in the community.



Reduce Hunger, Food Insecurity and Malnutrition



Promote Socialization



Improve Health and Well-Being through Access to Nutrition and to Nutrition Related Disease Prevention and Health Promotion Activities

Looking to Get Connected?

South Carolina has 10 regional Area Agencies on Aging that administer the Senior Nutrition Program. To find your regional Area Agency on Aging, scan the QR code or visit [GetCareSC.com](https://www.getcareSC.com).



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