

TITLE III PROGRAM INCOME GUIDANCE FOR AREA AGENCIES ON AGING (AAAs)

UNDER THE OLDER AMERICANS ACT (OAA)

1 WHAT IS PROGRAM INCOME?



**VOLUNTARY CONTRIBUTIONS
ONLY**

OAA



2 THE MANDATORY 'ADDITION' METHOD

✗ NO!

- No Offset / Deduction
- No Supplanting Federal Funds
- No Meeting Local Match

✓ YES!

**ADDITION TO
PROGRAM FUNDS**

- Increase Number of Meals
- Provide More Rides

$$[\text{FEDERAL}] + [\text{STATE MATCH}] + [\text{VOLUNTARY CONTRIBUTIONS}] = \text{TOTAL EXPANDED SERVICE}$$

3 KEY PRINCIPLES FOR AAAs

TRACK SEPARATELY



Separate Accounts

NO COERCION



**NO COST
SHARING**

**PUBLIC
ACCOUNTABILITY**



Report Usage



South Carolina
**DEPARTMENT
ON AGING**



PROGRAM INCOME: SERVICE EXPANSION COMPLIANCE CHECKLIST



Ensure all service expansions financed with voluntary contributions fall within the approved categories for each Title III Program:



TITLE III-B:

Title III-B funding expansions must focus on preserving independence, improving access, and reducing social isolation. Approved expansions include:

SUPPORTIVE SERVICES EXPANSIONS



- **Transportation Systems:** Expanding operating hours, adding new routes to medical appointments or senior centers, and acquiring wheelchair-accessible vehicles. Purchasing or upgrading software for scheduling and routing systems, adding wheelchair lifts or specialized securement.



- **In-Home Care Expansion:** Increasing allowable service hours for personal care, homemaker assistance, and chore/minor home modification services for frail older adults.



- **Legal Assistance Capacity:** Expanding contracts with legal aid providers to handle more cases regarding housing defense, guardianship defense, and healthcare access.



TITLE III-C:

Title III-C expansions focus on reducing food insecurity, hunger and malnutrition through both congregate and home-delivered mechanisms. Approved expansions include:

NUTRITION SERVICES EXPANSIONS



- **Restaurant & Voucher Programs:** Expanding beyond traditional senior centers by partnering with local restaurants to offer flexible meal voucher options for eligible seniors.



- **Pop-Up Congregate Sites:** Expanding congregate nutrition (III-C1) footprint using mobile or short-term neighborhood sites to reach underserved communities.



- **Expanded Home-Delivered Routes:** Funding additional drivers, increase delivery days, or specialized weekend/holiday meal deliveries.



- **Culturally Appropriate & Medically Tailored Menus:** Scaling nutrition programs to include therapeutic diets (e.g., low-sodium, diabetic-friendly) and menus that reflect local ethnic demographics.



TITLE III-D:

Title III-D service expansions are highly restricted and must strictly adhere to programs meeting the ACL Highest-Tier Evidence-Based Criteria. Approved expansions include:

EVIDENCE-BASED HEALTH PROMOTION EXPANSIONS



- **New Program Class Offerings:** Scaling up local access to validated curricula such as A Matter of Balance (falls prevention), Tai Chi for Arthritis, or Chronic Disease Self-Management Education (CDSME).



- **Leader Certification & Training:** Using expansion funds to train and certify additional instructors, volunteers, or staff to maintain strict developer program fidelity.



- **Class Licensing & Materials:** Purchasing required consumer workbooks, educational materials, and program licenses necessary to enroll a larger number of class participants.



TITLE III-E:

Title III-E expansions target family caregivers and older relative caregivers who provide informal care. Approved expansions include:

NATIONAL FAMILY CAREGIVER SUPPORT EXPANSIONS



- **Respite Care:** Providing additional and/or increased vouchers.



- **Supplemental Services:** Providing additional and/or increased vouchers. Can be used to provide supplemental services above 20% cap.



- **Support Groups:** Purchasing needed materials and supplies, renting/reserving space, software for virtual groups, paying for a group facilitator/speaker.



- **Caregiver Training and Education:** Books and/or materials for training, cost of training facilitators, evidence-based program licensing, software for virtual training.



- **Counseling:** Providing additional and/or increased counseling vouchers.



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