

## **SCDOA List of Mental Health, Health & Behavioral Health Resources**

<https://scdmh.net/dmh-components/community-mental-health-services/>

**SC Department of Mental Health Services**

<https://www.bhsasc.org/services-by-members/>

**County Alcohol and Drug Commissions**

<https://www.daodas.sc.gov/>

**SC Alcohol and Other Drug Abuse Substances**

<https://scdmh.net/welcome/covid-19-resources/>

**SC Department of Mental Health: COVID-19 Resources**

<https://www.mirci.org/>

**Mental Illness Recovery**

<https://icaredcosw.wixsite.com/icared/about-us>

**ICARED (Improved Care & Provision of Rural Access to Eliminate Health Disparities-  
USC Colleges of Social Work and Medicine & DHHS)**

<https://www.cdc.gov/minorityhealth/index.html>

**Minority Health**

<https://minorityhealth.hhs.gov/omh/browse.aspx?lvl=4&lvlid=24>

**HHS Minority Behavioral and Mental Health**

<https://acl.gov/programs/health-wellness/behavioral-health>

**Administration for Community Living ACL –Behavioral Health**

<https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf>

**NAMI (National Alliance on Mental Illness) - COVID-19 Resource and Information Guide**

<https://www.nia.nih.gov/news/social-isolation-loneliness-older-people-pose-health-risks>

**National Institute on Aging**

<http://www.sprc.org/news/resources-support-mental-health-coping-coronavirus-covid-19>

**Suicide Prevention Resource Center: Resources to Support Mental Health and Coping with the Coronavirus (COVID-19)**

<https://afsp.org/covid-19-we-must-care-for-older-adults-mental-health>

**American Foundation for Suicide Prevention: COVID-19: We Must Care for Older Adults' Mental Health**

<https://mhanational.org/covid19>

**Mental Health America: Mental Health and COVID-19 – Information and Resources**

<https://www.medscape.com/viewarticle/927519>

**COVID-19: Mitigating Loneliness, Anxiety in Seniors**

<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/coronavirus-caregiving-for-the-elderly>

**Johns Hopkins Medicine: Coronavirus and COVID-19: Caregiving for the Elderly**

<http://www.euro.who.int/en/health-topics/health-emergencies/coronavirus-covid-19/news/news/2020/3/mental-health-and-psychological-resilience-during-the-covid-19-pandemic>

**World Health Organization: Mental health and psychological resilience during the COVID-19 pandemic**

[https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366\(20\)30079-1/fulltext](https://www.thelancet.com/journals/lanpsy/article/PIIS2215-0366(20)30079-1/fulltext)

**Mental health services for older adults in China during the COVID-19 outbreak**

<https://www.psychiatry.org/psychiatrists/covid-19-coronavirus>

**American Psychiatric Association: Coronavirus Resources**

<https://www.ama-assn.org/delivering-care/public-health/managing-mental-health-during-covid-19>

**American Medical Association: Managing mental health during COVID-19**

<https://aarpcommunityconnections.org/>

**AARP Community Connections: Mutual Aid Groups**

<https://threeriversbehavioral.org/>

**Three Rivers Behavioral Health**

<https://www.sumterbhs.com/>

**Sumter Behavioral Health Services**

<https://www.alphabehavioralhealthcenter.org/camden>

**The ALPHA Behavioral Health Center**

<https://phuscmg.org/specialties/pediatrics/child-development-and-behavioral-health>

**Palmetto Health USC Child Development and Behavioral Health**

<http://www.positivemeditation.com/group-classes.html>

**Positive Meditation Mindfulness – Bristol Myers**

<https://www.griffinbenefits.com/employeebenefitsblog/telecommuting-and-employee-mental-health>

**JP Griffin Group Telecommuting and Employee Mental Health**

<https://dukeendowment.org/program-areas/health-care>

**Duke Endowment Wellness**