



## South Carolina Department on Aging

### Nutrition Education Report – Home Delivered Meals

Complete this nutrition education report for each nutrition education session.

Send to \_\_\_\_\_ at the \_\_\_\_\_ AAA prior to the session. The AAA will notify approval of the session to be conducted and units entered into AIM.

Session Date: \_\_\_\_\_ Session Type (in-person/virtual/phone): \_\_\_\_\_

Provider/Site Name: \_\_\_\_\_ Number of Distribution/Attendees: \_\_\_\_\_

<b>1) Name of Session:</b>
<b>2) Session Objective(s):</b>
<b>3) Session Organizer Name, Organization, &amp; Title:</b>
<b>4) Educational Materials Used: (Include the Name &amp; website/source or include materials as needed )</b>
<b>5) AAA personnel approving:</b>

#### **Form Instructions: Provide specific information**

- **Name of session:** List the title of the materials sent and/or describe the specific topic. If it is a health related topic, state how the topic relates to nutrition.
- **Objectives of Session:** Why were the materials and topic selected? What is the desired outcome?
- **Session organizer:** List the name, title and organization of the person identifying the topics and preparing materials.
- **Educational Materials Used:** Use only evidence-based, approved sources. List the source name, title of work, page number, anything that identifies the materials. If materials are not readily found on the web, include a copy with this report