

South Carolina Department on Aging Nutrition Education Report - Group Dining



Complete this nutrition education report for each nutrition education session.

Send to _____ at the _____ AAA prior to the session. The AAA will notify approval of the session to be conducted and units entered into AIM.

Session Date: _____ Session Type (in-person/virtual/phone): _____

Provider/Site Name: _____ Number of Attendees: _____

1) Name of Session:
2) Session Objective(s):
3) Session Presenter Name, Organization & Title:
4) Length of Program:
5) Type of Program:
6) Educational Materials Used: (Name & website/source or include materials)
7) *Evaluation Method and Summary of Results * Provider completes after session (use extra page if needed):
8) AAA personnel approving:
<p><u>Form Instructions: Provide specific information</u></p> <ul style="list-style-type: none"> - Name of session: Describe the specific topic. If it is a health related topic, make sure it is clear how the topic relates to nutrition (i.e. Carbohydrate Counting for People with Diabetes, How to Identify Whole Grains, or 10 Tips to Eat Healthy on a Budget). - Objectives of Session: What should the participants be able to do as a result of the session (i.e. Participants will be able to identify and select whole grains)? - Type of program: Describe the program. Is it a video, lecture, game, cooking demonstration, etc.? - Educational Materials Used: Use only evidence-based, approved sources. List the source name, title of work, page number, anything that identifies the materials. Include materials with report as needed. - Evaluation method: How will clients evaluate the session (i.e. question and answer, written rating, end of session activity or game)? What was the result of the evaluation?