

Fresh Conversations Newsletter

Training Steps

- 1.) Watch Training Video: https://www.youtube.com/watch?v=AbO_UIDvLy8
- 2.) Review PDF Training Guide: Small Steps, Big Results.
- 3.) Review Guidance Document.
- 4.) After Steps 1-3 are complete, you are then able to facilitate Fresh Conversations nutrition education sessions. You will either receive the quarterly Newsletter and Facilitator Guides directly from SCDOA (Rgoodrich@aging.sc.gov) or through your AAA. Speak with the AAA to confirm the process being used in your region and to get set-up with program materials.