



# Lieutenant Governor's Office on Aging

The Lt. Governor's Office on Aging administers federal funds received through the Older Americans Act and the State of South Carolina. These funds are distributed to ten regional Aging and Disability Resource Centers (ADRCs)/Area Agencies on Aging (AAAs) who then contract with local providers for services such as: home delivered and group dining, transportation, home care services, social adult day care services, respite and disease prevention/health promotion. Staff is also available to present informative educational programs to groups or staff of other agencies.



**Aging and Disability Resource Centers (ADRCs)** provide a single, coordinated system of information and access for seniors, caregivers and adults with disabilities seeking long term care by minimizing confusion, enhancing individual choice, and supporting informed decision-making. ADRCs make it easier for consumers to learn about and access existing services and supports that are available in their communities.



**Information & Referral/Assistance (I&R/A)** strives to connect seniors, adults with disabilities, and their caregivers with the programs, services, resources, and information (local, state & national) they need via one of the ten regional I&R/A Specialists, located at the ADRCs serving all 46 counties. They are trained professionals that serve as the point of entry into the aging network. Please call the regional I&R/A Specialist for information and resource needs.

Appalachia	1-800-434-4036	Santee-Lynches	1-800-948-1042
Upper Savannah	1-800-922-7729	Pee Dee	1-866-505-3331
Catawba	1-800-662-8330	Waccamaw	1-800-302-7550
Central Midlands	1-866-394-4166	Trident	1-800-894-0415
Lower Savannah	1-866-845-1550	Lowcountry	1-877-846-8148

**SC Access**, [www.scaccesshelp.org](http://www.scaccesshelp.org), is a FREE "One-Stop Shop" website providing on-line resources and educational information for seniors, adults with disabilities, and caregivers.



**Family Caregiver Support Program (FCSP)** provides services to help the caregiver with information, planning, problem solving, caregiver training, support groups, finding ways to take a break from caregiving (respite) and other services designed to make caregiving a little easier, less stressful and more rewarding. The FCSP helps unpaid family caregivers of adults age 60 and over; caregivers of adults with Alzheimer's disease; grandparents (55 or older) raising a grandchild under 19; and grandparents caring for an adult grandchild with a disability.



**Long Term Care Ombudsman Program** investigates complaints and advocates for residents' rights in nursing homes, assisted living and residential care facilities as well as facilities operated or contracted for operation by the Department of Disabilities and Special Needs (DDSN) or the Department of Mental Health (DMH). The **Friendly Visitor Program** recruits and trains volunteers to visit residents in facilities.



**Legal Services** information and referral is provided to seniors who need legal assistance in non-criminal matters including income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination. Living Wills and Health Care Powers of Attorney documents are available on the LGOA website. The LGOA also makes presentations on advance directives and other services and information that help protect dignity, rights, autonomy, and financial security. Resources such the SC Senior Citizens' Handbook and other court information, such as DVDs on estates, are also available on request.



**State Health Insurance Program (SHIP) or I-CARE (Insurance Counseling and Referral for Elders)** assists seniors and adults with disabilities in accessing health insurance coverage, including Medicaid and Medicare Parts A, B, C and D, the prescription drug program.



**Veteran Directed Home and Community Based Services** is a program for veterans (of any age) at high risk of nursing home placement who wish to remain at home and are willing to participate in directing their care. Participants in the program are assessed for needed services and supports, a service plan and budget is developed, and assistance is given in selecting providers, purchasing services and directing their care. Currently, veterans eligible for the program are those from the Ralph H. Johnson VA Medical Center in Charleston and the William Jennings Bryan Dorn VA Medical Center in Columbia. The goal is to eventually have statewide coverage.



**Alzheimer's Resource Coordination Center (ARCC)** provides statewide coordination, service system development, information and referral, and caregiver support services to individuals with Alzheimer's disease and related disorders, their families and caregivers. The ARCC also provides technical assistance for the development of support groups and other local initiatives to serve individuals, families and caregivers and provides seed money for grants to local communities to develop or strengthen programs or services to serve people with dementia and their caregivers.



**Geriatric Loan Forgiveness Program** provides funds to assist physicians in repaying student loans. In return, they agree to remain in South Carolina for five years and care for the state's ever increasing senior population.



**ElderCare Trust Fund** consists of monies received from a voluntary state income tax check-off. These funds are used to award seed grants to public and private nonprofit agencies and organizations to establish and administer innovative programs and activities that assist older South Carolinians to live with dignity and vitality in their communities.



**Permanent Improvement Program (PIP)** provides funding for permanent improvements at senior centers used for senior activities. Funds can be used for emergency projects, new construction, or renovations. There are eligibility requirements and guidelines to apply for a PIP Grant. Please go to the agency website to learn more about the PIP Program.



The **Better Choices Better Health** program uses a tested and proven method of helping people manage their chronic conditions and was developed by medical researchers at Stanford University. Small groups of classes are held once a week for 2 1/2 hours over a six week period. By attending all six classes, participants gain the knowledge and skills needed to help them live a healthier life.



The **Senior Community Employment and Training Program**, commonly referred to as SCSEP, is the only federally-sponsored employment and training program specifically targeted to low-income older individuals who want to enter or re-enter the work force. The dual goals of the program are to promote useful opportunities in community activities and to move SCSEP participants to unsubsidized employment. Program participants work a minimum of 20 hours a week.