

OPEN TO ALL SENIOR ATHLETES



Senior Games

26th Annual
MIDLANDS AREA

GOLF • BOWLING • SWIMMING • HORSESHOES • FRISBEE GOLF • SPINCASTING • VOLLEYBALL • FITNESS WALK
BINGO • TRACK & FIELD • BASKETBALL SPOT SHOOTING • BASKETBALL FREE THROW • BADMINTON
BOCCE BALL • 400 METER DASH • 3 ON 3 BASKETBALL • DISCUS • BILLIARDS • STANDING JUMP • SOFTBALL THROW

SEPTEMBER 16-20, 2013 • REGISTER BY SEPTEMBER 6



Sponsored by the Richland County Recreation Commission and City of Columbia Parks & Recreation Department
Contact Richland County Adult Activity Center, (803) 462-9995

For more information, please contact Charlene Lyles, Senior Games Coordinator
RICHLAND COUNTY RECREATION COMMISSION ADULT ACTIVITY CENTER
7494 Parklane Road • Columbia, SC 29223
PHONE: (803) 462-9995 • FAX: (803) 462-9984 • EMAIL: aac@rcrc.state.sc.us



URReady.com



Schedule of Events

MONDAY, SEPTEMBER 16

Opening Ceremony: 9:00-10:00 am
Adult Activity Center, 7494 Parklane Road,
462-9995

Open Ceremony Speaker:
Sallie Fairnot

Bingo: 10:00 am-12:00 pm -- \$2/player
at Adult Activity Center, 7494 Parklane
Road, 462-9995 (*Players must be regis-
tered to participate*)

TUESDAY, SEPTEMBER 17

Golf: 8:30 am -- \$19/player at
LinRick Golf Course,
356 Campground Road, 754-6331

Volleyball: 1:00-4:30 pm **NEW!**
Swimming: 3:30 pm, (50 & 100 yard
freestyle, back, & breaststroke)
Drew Wellness Center
2101 Walker Solomon Way, 545-3200

WEDNESDAY, SEPTEMBER 18

Bowling: 9:30 am-2:00 pm
Singles & Doubles, \$5.25/3 games;
Royal Z Bowling Lanes,
8512 Two Notch Road, 788-9208
(NO REFUNDS)

Badminton: 1:00-2:30 pm
Trenholm Park, 3900 Covenant Road,
787-0216

3 on 3 Basketball: 3:00 pm
Meadowlake Park, 600 Beckman Road,
754-4463

THURSDAY, SEPTEMBER 19

Track & Field: 9:00 am-2:00 pm
50, 100, and 400 meters, shot put, discus,
standing jump, softball throw

Indoor Events: basketball free throw,
basketball spot shooting and table tennis.
Meadowlake Park, 600 Beckman Road,
754-4463

Billiards (pool): 1:30-2:30 pm
Greenview Park, 6700 David Street,
754-5223

FRIDAY, SEPTEMBER 20

Fitness walk

Horseshoes

Spincasting

Bocce ball **NEW!**

Frisbee Golf:

8:30 am-12:00 pm

Hyatt Park, 941 Jackson Avenue, 733-8445
Showcase of sponsors and blood pressure
screenings.

Closing Ceremony & Awards Luncheon
12:00 pm

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MIDLANDS AREA

September 16-20, 2013 • REGISTER BY SEPTEMBER 6, 2013

General Information: Please Read Carefully

ELIGIBILITY:

Persons 50 years and older as of September 6, 2013.

AGE GROUP CATEGORIES:

Participants compete in their gender & age groups: 50-54; 55-59; 60-64;
65-69; 70-74; 75-79; 80-84, & 85+.

REGISTRATION/FEEES:

There is a \$15/person fee that covers registration in all events, a T-shirt, the
closing awards luncheon, and most event equipment and supplies. All
participants must register for the games to play bingo!

NO REGISTRATION ALLOWED ON DAY OF THE EVENT!

LATE REGISTRATION FEE:

The registration fee will increase to \$20/person if paid after September 6.
Late registrants' names will not appear in the program booklet and T-shirts
and bags are not guaranteed.

AWARDS:

Awards will be presented to the 1st, 2nd, and 3rd place finishers in all age
categories in each event. The awards ceremony and luncheon is scheduled for
Friday, September 20, at Hyatt Park, 941 Jackson Avenue, immediately
following the events.

CANCELLATIONS/POSTPONEMENTS:

Midlands Area Senior Games officials reserve the right to cancel any event due
to insufficient registration and/or combine age groupings if less than five sign up
in any age group. If an event is cancelled, every effort will be made to contact all
persons affected prior to the start of the Games. In the event of inclement weather or
unusual circumstances, Senior Games officials reserve the right to cancel or
postpone events to a later time or day than originally scheduled.

STATE GAMES:

The next South Carolina Senior Sports Classic is set for May 14-17, 2014 at
Francis Marion University, Florence, South Carolina. National Senior Games
will be held on July 3-16, 2015 in Indianapolis, Minnesota.

FOR MORE INFORMATION:

Charlene Lyles, Senior Games Coordinator at 462-9995
Richland County Recreation Commission

Joan Sorensen, Recreation Coordinator at 545-3091
Columbia Parks & Recreation Department



26th Annual
MIDLANDS AREA

Senior Games

September 16-20, 2013 • REGISTER BY SEPTEMBER 6, 2013

REGISTRATION FORM

EARLY REGISTRATION DEADLINE IS SEPTEMBER 6, 2013.

FORM MUST BE FILL OUT COMPLETELY AND SIGNED.

Name:	
Address:	
City/State/Zip:	County:
Email:	
Home Phone:	Cell Phone:
AGE AS OF SEPTEMBER 6, 2013:	<input type="checkbox"/> Male <input type="checkbox"/> Female
T-shirt Size: <i>(Circle Only One)</i> <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> 1XL <input type="checkbox"/> 2XL <input type="checkbox"/> 3XL	
Emergency Contact Person (Required):	
Emergency Contact Person Phone (Required):	
Participant Donation (Voluntary):	

Registration Fee: \$15 + \$2 Bingo (if applicable)

Includes event participation, a T-shirt, and closing awards luncheon. After September 6, the fee will be \$20. Make checks payable to Richland County Recreation Commission. **NO REFUNDS** unless event is cancelled. **NO REGISTRATIONS WILL BE TAKEN ON THE DAY OF THE EVENT!**

BINGO: Only participants registered to compete in the Games are eligible to play bingo. Prizes will be awarded. Fee: \$2/person with registration.

PARTICIPANTS ARE STRONGLY ADVISED TO CONSULT THEIR PHYSICIAN BEFORE COMPETING IN THE GAMES. PLAYERS MUST ARRIVE AND CHECK IN AT ALL SITES PRIOR TO EVENTS!

SEE LIST OF EVENTS ON BACK

Check the activities listed below that you plan to enter or attend. Do not enter events that are scheduled for the same time. **YOU MAY NOT SIGN UP FOR ADDITIONAL EVENTS ON THE DAY OF GAMES.**

Monday, September 16

- Parade/Opening Ceremony**
9:00-10:00 am
Adult Activity Center
7494 Parklane Road

- Bingo**
10:30 am-12:00 pm
Adult Activity Center--\$2/player
7494 Parklane Road

Tuesday, September 17

- Golf**
8:00 am
LinRick Golf Course--\$19/player
356 Campground Road
List your foursome:

- Place me with a group.

- Volleyball** 
1:00-4:30 pm
Drew Wellness Center
2101 Walker Solomon Way

- Swimming** (50 & 100-yard freestyle,
backstroke, breaststroke)
3:30 pm
Drew Wellness Center
2101 Walker Solomon Way

Wednesday, September 18

- Bowling**
9:30 am (practice)-2:00 pm
Royal Z Bowling Lanes
8512 Two Notch Road
\$5.25/3 games
 Singles (10:00 am)
 Doubles (11:00 am)
Partner (*Partners required*):

- Badminton**
2:00-3:00 pm
Trenholm Park
3900 Covenant Road

- 3 on 3 Basketball**
3:00 pm
Meadowlake Park
600 Beckman Road

Thursday, September 19

Outdoor Events:

- 400 meter dash, 9:00 am
 Discus, 9:00 am
 Standing jump, 9:45 am
 Softball throw, 9:45 am
 Shot put, 10:15 am
 100 meter dash, 10:15 am
 50 meter dash, 11:00 am

Indoor Events:

- Basketball free throw, 11:30 am
 Basketball spot shooting, 12:15 pm
 Table Tennis, 1:00 pm
Meadowlake Park
600 Beckman Road

- Billiards** (pool), 1:30-2:30 pm,
Greenview Park
6700 David Street

Friday, September 20

- Fitness Walk, 8:30 am
 Horseshoes, 9:00 am
 Spincasting, 9:00 am
 Bocce Ball, 9:30 am 
 Frisbee Golf, 10:00 am
 Awards Luncheon, 12:00 pm
Hyatt Park
941 Jackson Avenue

PARTICIPANTS ARE STRONGLY ADVISED TO CONSULT THEIR PHYSICIAN BEFORE COMPETING IN THE GAMES.

LIABILITY WAIVER

I, the undersigned participant, hereby agree to indemnify, save and hold harmless event sponsors, the Richland County Recreation Commission, the City of Columbia Parks & Recreation Department, and any of their sponsors, employees, or representatives for my health, safety or any injury resulting from my participation in the Midlands Area Senior Games. I have prepared myself for the event(s) that I have entered by practicing prior to the Senior Games. To the best of my knowledge and belief, I have no physical restrictions that would prohibit my participation in the event(s) that I have selected. The Senior Games officials have my permission to have a physician attend me if deemed necessary during my participation in the activities. I have read and understand this liability waiver and therefore release the above-named sponsors from any and all liabilities. I understand photographs of my participation in this program may be used by the Richland County Recreation Commission and the City of Columbia Parks & Recreation to promote our events and facilities, without compensation and without additional approval.

Signature: _____

Date: _____